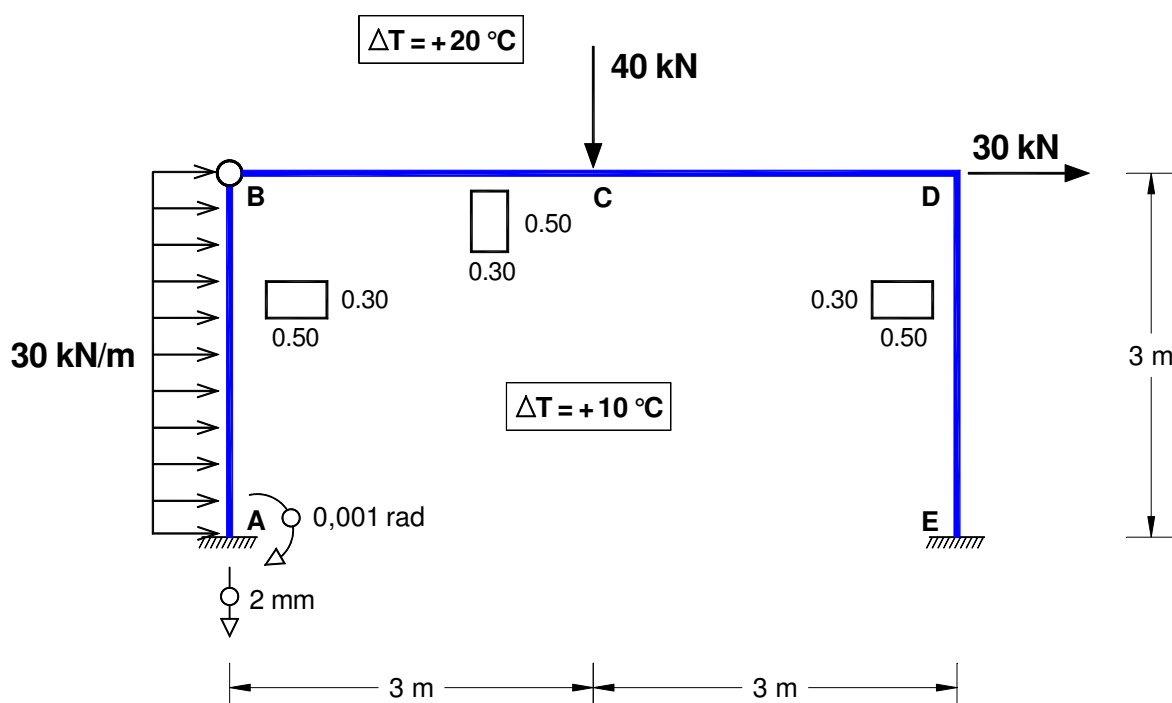


LICENCIATURA EM ENGENHARIA CIVIL

TEORIA DE ESTRUTURAS



MÉTODO DAS FORÇAS

ESTRUTURA CONTÍNUA

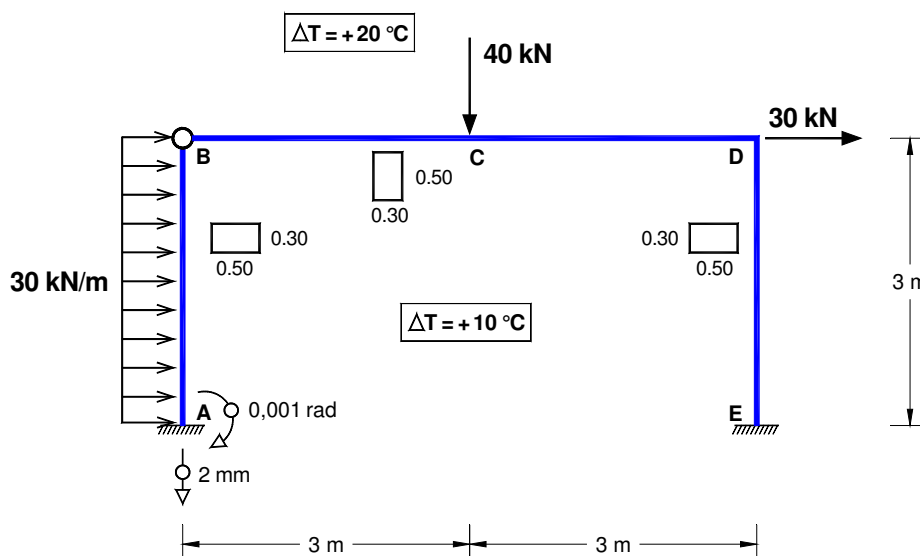
ISABEL ALVIM TELES

EXERCÍCIO

Considere a estrutura de betão ($E=29 \text{ GPa}$; $\alpha=10^{-5} / ^\circ\text{C}$) constituída por dois pilares e uma viga com secções retangulares conforme representado na figura.

Para além do carregamento, a estrutura está submetida à seguinte variação de temperatura: $+20^\circ\text{C}$ no exterior e $+10^\circ\text{C}$ no interior.

O apoio **A** sofreu um assentamento de 2 mm e uma rotação de 0,001 rad conforme indicado na figura.



Na resolução deste exercício aplique o **Método das Forças** desprezando a deformabilidade por esforço transversal.

- Determine as reações e trace os diagramas de esforço axial e momentos fletores da estrutura.
- Determine o deslocamento horizontal da secção **D**.
- Confirme os resultados obtidos nas alíneas anteriores utilizando o programa FTOOL.

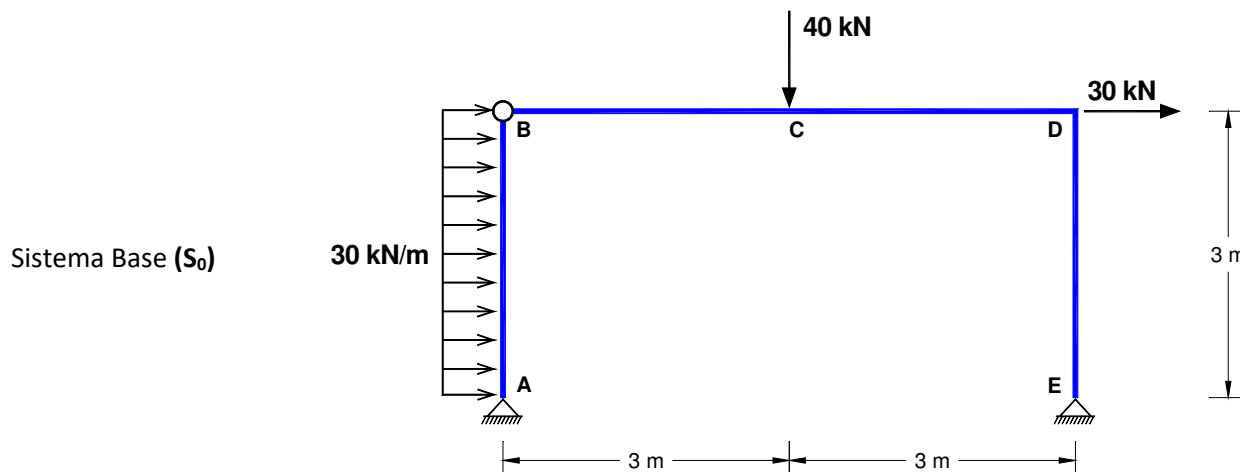
RESOLUÇÃO

ALÍNEA a

A estrutura é constituída por dois corpos unidos entre si por uma rótula, o que configura um arco-de-3-rótulas. Para ser isostática teria de ter somente 4 incógnitas como reações. Como apresenta 6 reações (2 momentos de encastramento, 2 reações horizontais e 2 reações verticais), a estrutura é hiperestática de grau 2.

Vamos adoptar para sistema base (S_0) a estrutura com apoios duplos em **A** e **E**, configurando assim um arco-de-3-rótulas.

Na aplicação do **Método das Forças** as 2 incógnitas hiperstáticas corresponderão aos momentos de encastramento nos apoios **A** e **E**.

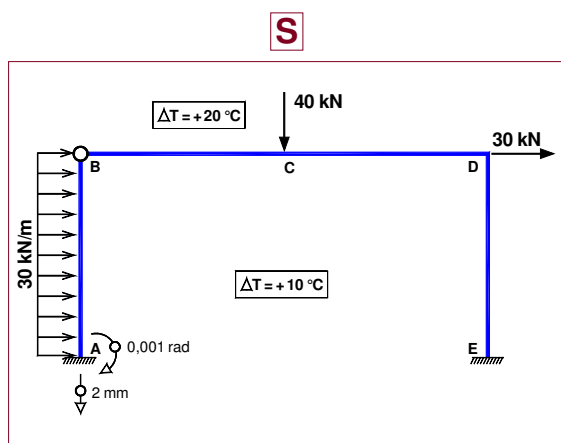


A estrutura real (S) vai ser decomposta nos sistemas S_0 , S_1 e S_2 .

$$S = S_0 + X_1 \times S_1 + X_2 \times S_2$$

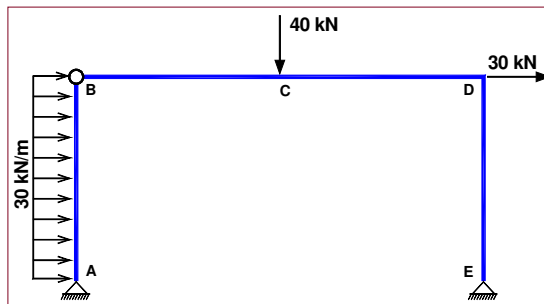
X_1 – incógnita hiperestática, correspondente ao momento de encastramento no apoio A.

X_2 – incógnita hiperestática, correspondente ao momento de encastramento no apoio E.



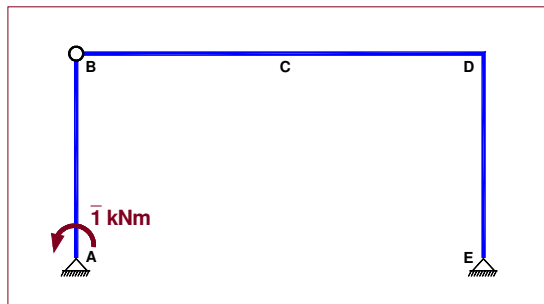
=

S₀



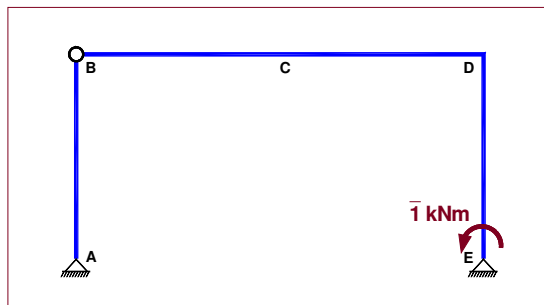
+

S₁



+

S₂

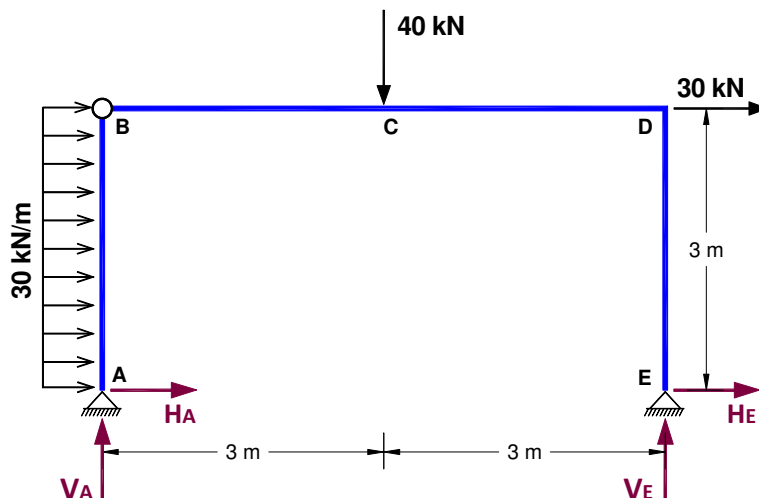
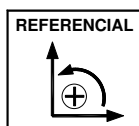


• **Cálculo do sistema S_0**

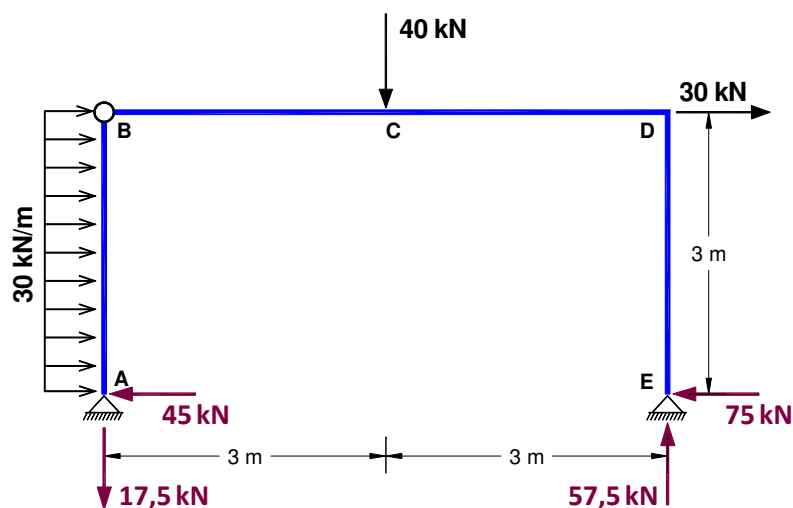
Equações de equilíbrio
(arco de 3 rótulas)

$$\begin{array}{l} \text{Toda a estrutura} \\ \text{Corpo } \overline{AB} \end{array} \left\{ \begin{array}{l} \sum F_x = 0 \\ \sum F_y = 0 \\ \sum M_E = 0 \end{array} \right.$$

$$\sum M_{\text{rot. B}}^{AB} = 0$$



$$\left\{ \begin{array}{l} \sum F_x = 0 \\ \sum F_y = 0 \\ \sum M_E = 0 \\ \sum M_{\text{rot. B}}^{AB} = 0 \end{array} \right. \Rightarrow \left\{ \begin{array}{l} H_A + H_E + 30 \times 3 + 30 = 0 \\ V_A + V_E - 40 = 0 \\ -V_A \times 6 - 90 \times 1,5 + 40 \times 3 - 30 \times 3 = 0 \\ H_A \times 3 + 90 \times 1,5 = 0 \end{array} \right. \Rightarrow \left\{ \begin{array}{l} H_A = -45 \text{ kN } \leftarrow \\ V_A = -17,5 \text{ kN } \downarrow \\ H_E = -75 \text{ kN } \leftarrow \\ V_E = 57,5 \text{ kN } \uparrow \end{array} \right.$$



Barra AB

$$M(z) = 45z - 15z^2 \Rightarrow \left\{ \begin{array}{l} M_A(z=0) = 0 \\ M_{\text{máx}}(z=1,5) = 33,75 \text{ kNm} \\ M_B(z=3) = 0 \end{array} \right. \quad \left| \quad \begin{array}{l} V(z) = 45 - 30z \\ V=0 \Rightarrow Z=1,5 \text{ m} \Rightarrow M_{\text{máx.}} \end{array} \right.$$

$$N(z) = M_B(z=3) = 17,5 \text{ kN}$$

Barra BC

$$M(z) = -17,5z \Rightarrow \begin{cases} M_B(z=0) = 0 \\ M_C(z=3) = -52,5 \text{ kNm} \end{cases}$$

$$N(z) = -45 \text{ kN}$$

Barra CD

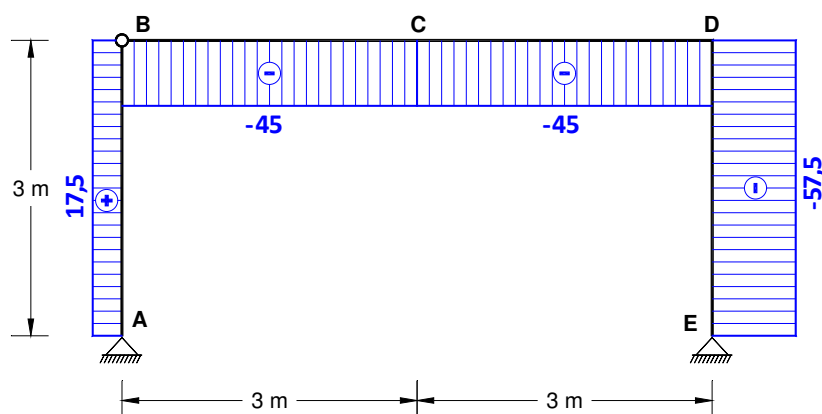
$$M(z) = -52,5 - 57,5z \Rightarrow \begin{cases} M_C(z=0) = -52,5 \text{ kNm} \\ M_D(z=3) = -225 \text{ kNm} \end{cases}$$

$$N(z) = -45 \text{ kN}$$

Barra ED

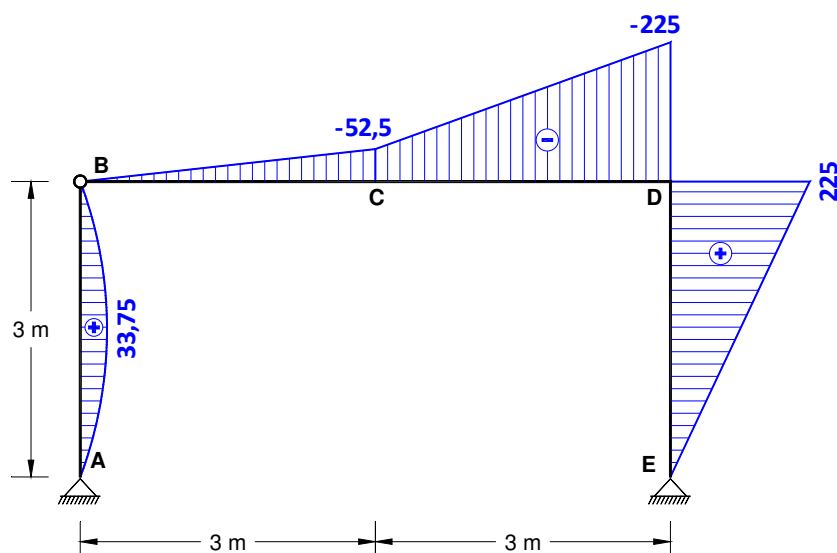
$$M(z) = 75z \Rightarrow \begin{cases} M_E(z=0) = 0 \\ M_D(z=3) = 225 \text{ kNm} \end{cases}$$

$$N(z) = -57,5 \text{ kN}$$



SISTEMA S_0

Esforço Axial (kN)



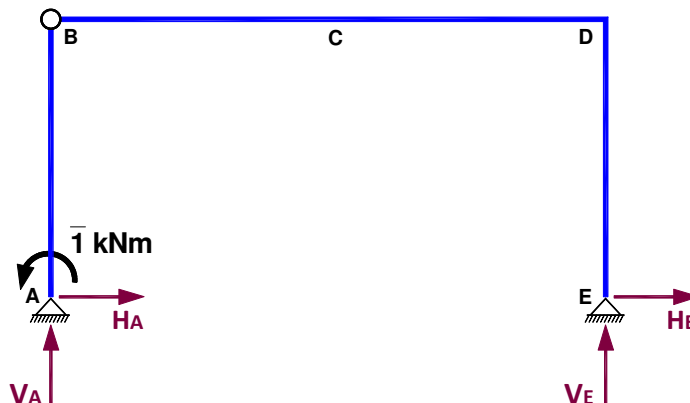
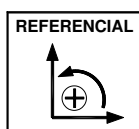
SISTEMA S_0

Momento Fletor (kNm)

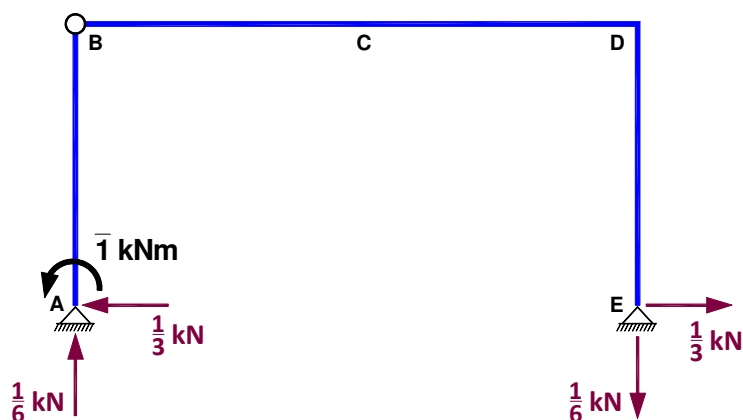
• **Cálculo do sistema S_1**

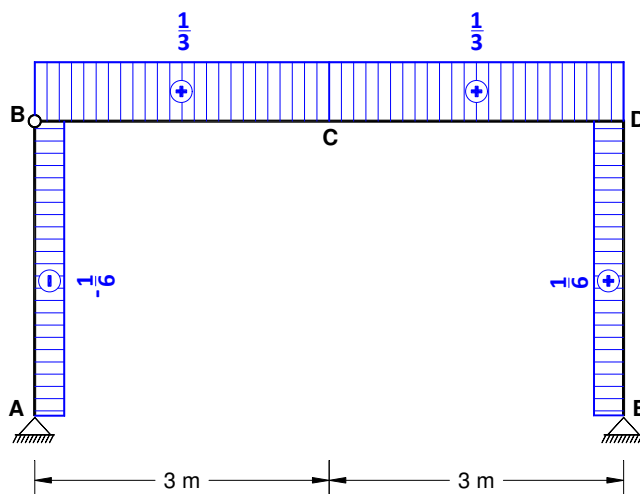
Equações de equilíbrio
(arco de 3 rótulas)

Toda a estrutura	$\begin{cases} \sum F_x = 0 \\ \sum F_y = 0 \\ \sum M_E = 0 \end{cases}$
Corpo $\overline{AB}$	$\sum M_{rot.B}^{AB} = 0$



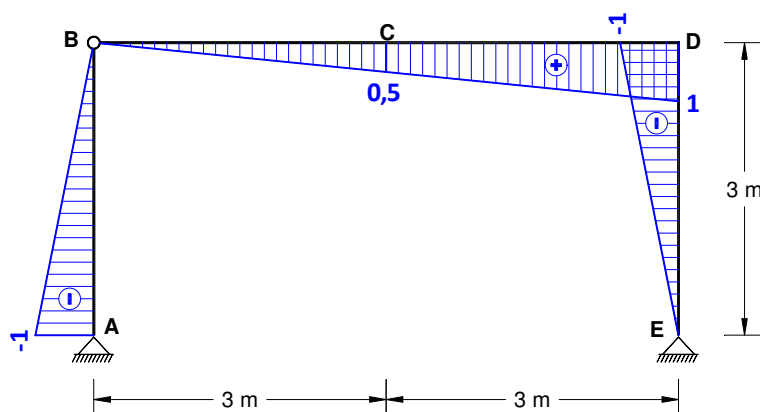
$$\begin{cases} \sum F_x = 0 \\ \sum F_y = 0 \\ \sum M_E = 0 \\ \sum M_{rot.B}^{AB} = 0 \end{cases} \Rightarrow \begin{cases} H_A + H_E = 0 \\ V_A + V_E = 0 \\ -V_A \times 6 + 1 = 0 \\ H_A \times 3 + 1 = 0 \end{cases} \Rightarrow \begin{cases} H_A = -\frac{1}{3} \text{ kN} \leftarrow \\ V_A = \frac{1}{6} \text{ kN} \uparrow \\ H_E = \frac{1}{3} \text{ kN} \rightarrow \\ V_E = -\frac{1}{6} \text{ kN} \downarrow \end{cases}$$





SISTEMA S_1

Esforços Axiais (kN)



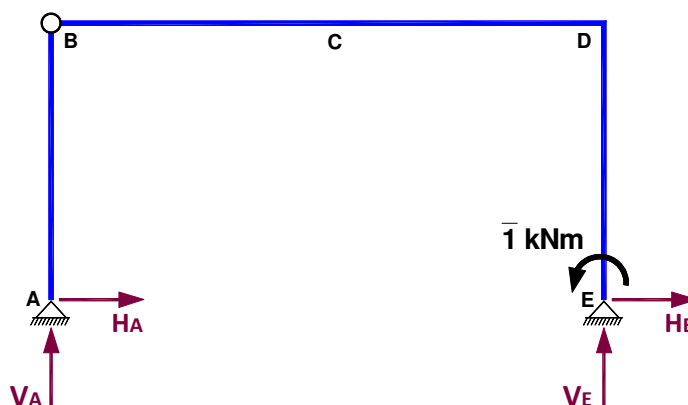
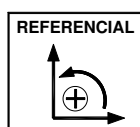
SISTEMA S_1

Momentos Fletores (kNm)

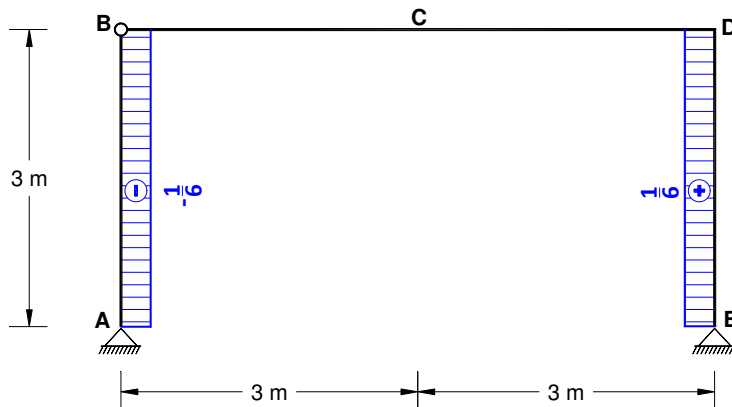
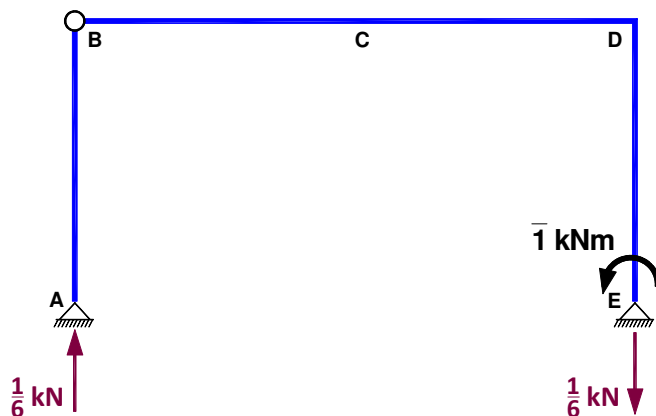
• **Cálculo do sistema S_2**

Equações de equilíbrio
(arco de 3 rótulas)

$$\begin{array}{l} \text{Toda a estrutura} \\ \text{Corpo } \overline{AB} \end{array} \left\{ \begin{array}{l} \sum F_x = 0 \\ \sum F_y = 0 \\ \sum M_E = 0 \\ \sum M_{\text{rot. B}}^{AB} = 0 \end{array} \right.$$

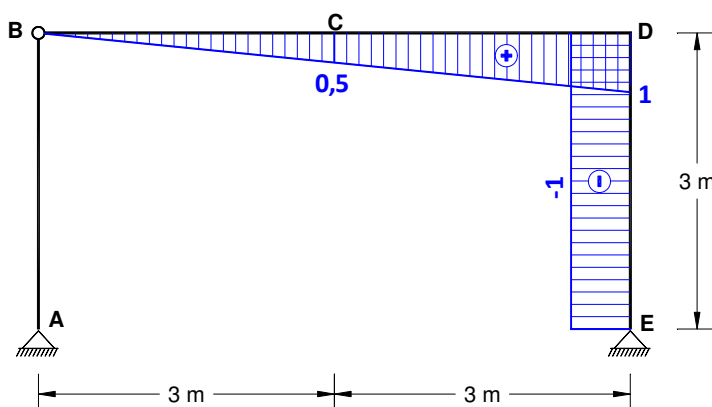


$$\begin{cases} \sum F_x = 0 \\ \sum F_y = 0 \\ \sum M_E = 0 \\ \sum M_{\text{rot. B}}^{\text{AB.}} = 0 \end{cases} \Rightarrow \begin{cases} H_A + H_E = 0 \\ V_A + V_E = 0 \\ -V_A \times 6 + 1 = 0 \\ H_A \times 3 = 0 \end{cases} \Rightarrow \begin{cases} H_A = 0 \\ V_A = \frac{1}{6} \text{ kN} \uparrow \\ H_E = 0 \\ V_E = -\frac{1}{6} \text{ kN} \downarrow \end{cases}$$



SISTEMA S_2

Esforços Axiais (kN)



SISTEMA S_2

Momentos Fletores (kNm)

• Determinação das incógnitas hiperestáticas

MÉTODO DAS FORÇAS

$$\begin{cases} \sum F_{\text{ext } S1} \times \Delta_R = \int \frac{N_1 \cdot N}{E A} dz + \int \frac{M_1 \cdot M}{E I} dz + \int N_1 \cdot \alpha \cdot T_{\text{méd}} dz + \int M_1 \cdot \alpha \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz \\ \sum F_{\text{ext } S2} \times \Delta_R = \int \frac{N_2 \cdot N}{E A} dz + \int \frac{M_2 \cdot M}{E I} dz + \int N_2 \cdot \alpha \cdot T_{\text{méd}} dz + \int M_2 \cdot \alpha \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz \end{cases}$$

Considerando:

$$\begin{cases} N = N_0 + \mathbf{X_1} N_1 + \mathbf{X_2} N_2 \\ M = M_0 + \mathbf{X_1} M_1 + \mathbf{X_2} M_2 \end{cases} \Rightarrow \begin{cases} \sum F_{\text{ext } S1} \times \Delta_R = \int \frac{N_1 \cdot N_0}{E A} dz + \mathbf{X_1} \int \frac{N_1 \cdot N_1}{E A} dz + \mathbf{X_2} \int \frac{N_1 \cdot N_2}{E A} dz + \int \frac{M_1 \cdot M_0}{E I} dz + \\ + \mathbf{X_1} \int \frac{M_1 \cdot M_1}{E I} dz + \mathbf{X_2} \int \frac{M_1 \cdot M_2}{E I} dz + \\ + \int N_1 \cdot \alpha \cdot T_{\text{méd}} dz + \int M_1 \cdot \alpha \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz \\ \sum F_{\text{ext } S2} \times \Delta_R = \int \frac{N_2 \cdot N_0}{E A} dz + \mathbf{X_1} \int \frac{N_2 \cdot N_1}{E A} dz + \mathbf{X_2} \int \frac{N_2 \cdot N_2}{E A} dz + \int \frac{M_2 \cdot M_0}{E I} dz + \\ + \mathbf{X_1} \int \frac{M_2 \cdot M_1}{E I} dz + \mathbf{X_2} \int \frac{M_2 \cdot M_2}{E I} dz + \\ + \int N_2 \cdot \alpha \cdot T_{\text{méd}} dz + \int M_2 \cdot \alpha \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz \end{cases}$$

Sistema de equações para cálculo das incógnitas hiperestáticas:
$$\begin{cases} \delta_{10} + \delta_{11} \cdot \mathbf{X_1} + \delta_{12} \cdot \mathbf{X_2} = 0 \\ \delta_{20} + \delta_{21} \cdot \mathbf{X_1} + \delta_{22} \cdot \mathbf{X_2} = 0 \end{cases}$$

sendo:

$$\begin{aligned} \delta_{10} &= \int \frac{N_1 \cdot N_0}{E A} dz + \int \frac{M_1 \cdot M_0}{E I} dz + \int N_1 \cdot \alpha \cdot T_{\text{méd}} dz + \int M_1 \cdot \alpha \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz - \sum F_{\text{ext } S1} \times \Delta_R \\ \delta_{11} &= \int \frac{N_1 \cdot N_1}{E A} dz + \int \frac{M_1 \cdot M_1}{E I} dz \\ \delta_{12} &= \int \frac{N_1 \cdot N_2}{E A} dz + \int \frac{M_1 \cdot M_2}{E I} dz \\ \delta_{20} &= \int \frac{N_2 \cdot N_0}{E A} dz + \int \frac{M_2 \cdot M_0}{E I} dz + \int N_2 \cdot \alpha \cdot T_{\text{méd}} dz + \int M_2 \cdot \alpha \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz - \sum F_{\text{ext } S2} \times \Delta_R \\ \delta_{21} &= \delta_{12} = \int \frac{N_2 \cdot N_1}{E A} dz + \int \frac{M_2 \cdot M_1}{E I} dz \\ \delta_{22} &= \int \frac{N_2 \cdot N_2}{E A} dz + \int \frac{M_2 \cdot M_2}{E I} dz \end{aligned}$$

Características das secções transversais de todas as barras		
Secção retangular	$b=0,30\text{m}$	$EA = 4,35 \times 10^6 \text{ kPa.m}^2$
	$h=0,50\text{m}$	$EI = 90\,625 \text{ kPa.m}^4$
Coef. dilatação térmica: $\alpha = 10^{-5} / ^\circ\text{C}$		

$\text{Barra AB} \Rightarrow \int \frac{N_1 \cdot N_0}{EA} dz = \frac{1}{EA} \times \left(-\frac{1}{6}\right) \times 17,5 \times 3 = -\frac{8,75}{EA} = -\frac{8,75}{4,35 \times 10^6}$	$\int \frac{N_1 \cdot N_0}{EA} dz = -\frac{127,5}{4,35 \times 10^6}$
$\text{Barras BCD} \Rightarrow \int \frac{N_1 \cdot N_0}{EA} dz = \frac{1}{EA} \times \frac{1}{6} (-45) \times 6 = -\frac{90}{EA} = -\frac{90}{4,35 \times 10^6}$	
$\text{Barra ED} \Rightarrow \int \frac{N_1 \cdot N_0}{EA} dz = \frac{1}{EA} \times \frac{1}{6} (-57,5) \times 3 = -\frac{28,75}{EA} = -\frac{28,75}{4,35 \times 10^6}$	

$\text{Barra AB} \Rightarrow \int \frac{M_1 \cdot M_0}{EI} dz = \frac{1}{EI} \times \frac{1}{3} (-1) \times 33,75 \times 3 = -\frac{33,75}{EI} = -\frac{33,75}{90\,625}$	$\int \frac{M_1 \cdot M_0}{EI} dz = -\frac{618,75}{90\,625}$
$\text{Barra BC} \Rightarrow \int \frac{M_1 \cdot M_0}{EI} dz = \frac{1}{EI} \times \frac{1}{3} \times 0,5 \times (-52,5) \times 3 = -\frac{26,25}{EI} = -\frac{26,25}{90\,625}$	
$\begin{aligned} \text{Barra CD} \Rightarrow \int \frac{M_1 \cdot M_0}{EI} dz &= \\ &= \frac{1}{EI} \times \frac{3}{6} \times (2 \times 0,5 \times (-52,5) + 2 \times 1 \times (-225) + 0,5 \times (-225) + 1 \times (-52,5)) = \\ &= -\frac{333,75}{EI} = -\frac{333,75}{90\,625} \end{aligned}$	
$\text{Barra ED} \Rightarrow \int \frac{M_1 \cdot M_0}{EI} dz = \frac{1}{EI} \times \frac{1}{3} \times (-1) \times 225 \times 3 = -\frac{225}{EI} = -\frac{225}{90\,625}$	

$\text{Barra AB} \Rightarrow \int N_1 \cdot \alpha \cdot T_{\text{méd}} dz = \left(-\frac{1}{6}\right) \times 3 \times 10^{-5} \times \frac{20+10}{2} = -7,5 \times 10^{-5}$	$\int N_1 \cdot \alpha \cdot T_{\text{méd}} dz = 30 \times 10^{-5}$
$\text{Barras BCD} \Rightarrow \int N_1 \cdot \alpha \cdot T_{\text{méd}} dz = \frac{1}{3} \times 6 \times 10^{-5} \times \frac{20+10}{2} = 30 \times 10^{-5}$	
$\text{Barra DE} \Rightarrow \int N_1 \cdot \alpha \cdot T_{\text{méd}} dz = \frac{1}{6} \times 3 \times 10^{-5} \times \frac{20+10}{2} = 7,5 \times 10^{-5}$	

$\text{Barra AB} \Rightarrow \int M_1 \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz = \frac{-1 \times 3}{2} \times 10^{-5} \times \frac{10-20}{0,50} = 30 \times 10^{-5}$	$\int M_1 \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz = -60 \times 10^{-5}$
$\text{Barras BCD} \Rightarrow \int M_1 \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz = \frac{1 \times 6}{2} \times 10^{-5} \times \frac{10-20}{0,50} = -60 \times 10^{-5}$	
$\text{Barra DE} \Rightarrow \int M_1 \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz = \frac{-1 \times 3}{2} \times 10^{-5} \times \frac{20-10}{0,50} = -30 \times 10^{-5}$	

$$\sum F_{\text{ext S1}} \times \Delta_R = -\frac{1}{6} \times 0,002 - 1 \times 0,001 = -\frac{400}{3} \times 10^{-5}$$

$$\delta_{10} = \int \frac{N_1 \cdot N_0}{EA} dz + \int \frac{M_1 \cdot M_0}{EI} dz + \int N_1 \cdot \alpha \cdot T_{\text{méd}} dz + \int M_1 \cdot \alpha \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz - \sum F_{\text{ext}} S_1 \times \Delta_R =$$

$$= - \frac{127,5}{4,35 \times 10^6} - \frac{618,75}{90\,625} + 30 \times 10^{-5} - 60 \times 10^{-5} + \frac{400}{3} \times 10^{-5} = - 582,356 \times 10^{-5}$$

$\text{Barra AB} \Rightarrow \int \frac{N_1 \cdot N_1}{EA} dz = \frac{1}{EA} \times \left(-\frac{1}{6}\right) \times 3 \times \left(-\frac{1}{6}\right) = \frac{1}{EA} \times \frac{1}{12} = \frac{1}{12} \times \frac{1}{4,35 \times 10^6}$	$\int \frac{N_1 \cdot N_1}{EA} dz = \frac{5}{6} \times \frac{1}{4,35 \times 10^6}$
$\text{Barras BCD} \Rightarrow \int \frac{N_1 \cdot N_1}{EA} dz = \frac{1}{EA} \times \frac{1}{3} \times 6 \times \frac{1}{3} = \frac{1}{EA} \times \frac{2}{3} = \frac{2}{3} \times \frac{1}{4,35 \times 10^6}$	
$\text{Barra ED} \Rightarrow \int \frac{N_1 \cdot N_1}{EA} dz = \frac{1}{EA} \times \frac{1}{6} \times 3 \times \frac{1}{6} = \frac{1}{EA} \times \frac{1}{12} = \frac{1}{12} \times \frac{1}{4,35 \times 10^6}$	

$\text{Barra AB} \Rightarrow \int \frac{M_1 \cdot M_1}{EI} dz = \frac{1}{EI} \times \frac{(-1) \times (-1) \times 3}{3} = \frac{1}{EI} = \frac{1}{90\,625}$	$\int \frac{M_1 \cdot M_1}{EI} dz = \frac{4}{90\,625}$
$\text{Barra BCD} \Rightarrow \int \frac{M_1 \cdot M_1}{EI} dz = \frac{1}{EI} \times \frac{1 \times 1 \times 6}{3} = \frac{2}{EI} = \frac{2}{90\,625}$	
$\text{Barra ED} \Rightarrow \int \frac{M_1 \cdot M_1}{EI} dz = \frac{1}{EI} \times \frac{1 \times 1 \times 3}{3} = \frac{1}{EI} = \frac{1}{90\,625}$	

$$\delta_{11} = \int \frac{N_1 \cdot N_1}{EA} dz + \int \frac{M_1 \cdot M_1}{EI} dz = \frac{5}{6} \times \frac{1}{4,35 \times 10^6} + \frac{4}{90\,625} = 4,43295 \times 10^{-5}$$

$\text{Barra AB} \Rightarrow \int \frac{N_1 \cdot N_2}{EA} dz = \frac{1}{EA} \times \left(-\frac{1}{6}\right) \times 3 \times \left(-\frac{1}{6}\right) = \frac{1}{EA} \times \frac{1}{12} = \frac{1}{12} \times \frac{1}{4,35 \times 10^6}$	$\int \frac{N_1 \cdot N_2}{EA} dz = \frac{1}{6} \times \frac{1}{4,35 \times 10^6}$
$\text{Barras BCD} \Rightarrow \int \frac{N_1 \cdot N_2}{EA} dz = 0$	
$\text{Barra ED} \Rightarrow \int \frac{N_1 \cdot N_2}{EA} dz = \frac{1}{EA} \times \frac{1}{6} \times 3 \times \frac{1}{6} = \frac{1}{EA} \times \frac{1}{12} = \frac{1}{12} \times \frac{1}{4,35 \times 10^6}$	

$\text{Barra AB} \Rightarrow \int \frac{M_1 \cdot M_2}{EI} dz = 0$	$\int \frac{M_1 \cdot M_2}{EI} dz = \frac{3,5}{90\,625}$
$\text{Barra BCD} \Rightarrow \int \frac{M_1 \cdot M_2}{EI} dz = \frac{1}{EI} \times \frac{1 \times 1 \times 6}{3} = \frac{2}{EI} = \frac{2}{90\,625}$	
$\text{Barra ED} \Rightarrow \int \frac{M_1 \cdot M_2}{EI} dz = \frac{1}{EI} \times \frac{1 \times 1 \times 3}{2} = \frac{1,5}{EI} = \frac{1,5}{90\,625}$	

$$\delta_{12} = \int \frac{N_1 \cdot N_2}{EA} dz + \int \frac{M_1 \cdot M_2}{EI} dz = \frac{1}{6} \times \frac{1}{4,35 \times 10^6} + \frac{3,5}{90\,625} = 3,86590 \times 10^{-5}$$

$\text{Barra AB} \Rightarrow \int \frac{N_2 \cdot N_0}{E A} dz = \frac{1}{E A} \times \left(-\frac{1}{6}\right) \times 17,5 \times 3 = -\frac{8,75}{E A} = -\frac{8,75}{4,35 \times 10^6}$	
$\text{Barras BCD} \Rightarrow \int \frac{N_2 \cdot N_0}{E A} dz = 0$	$\int \frac{N_2 \cdot N_0}{E A} dz = -\frac{37,5}{4,35 \times 10^6}$
$\text{Barra ED} \Rightarrow \int \frac{N_2 \cdot N_0}{E A} dz = \frac{1}{E A} \times \frac{1}{6} (-57,5) \times 3 = -\frac{28,75}{E A} = -\frac{28,75}{4,35 \times 10^6}$	

$\text{Barra AB} \Rightarrow \int \frac{M_2 \cdot M_0}{E I} dz = 0$	
$\text{Barra BC} \Rightarrow \int \frac{M_2 \cdot M_0}{E I} dz = \frac{1}{E I} \times \frac{1}{3} \times 0,5 \times (-52,5) \times 3 = -\frac{26,25}{E I} = -\frac{26,25}{90\,625}$	
$\begin{aligned} \text{Barra CD} \Rightarrow \int \frac{M_2 \cdot M_0}{E I} dz &= \\ &= \frac{1}{E I} \times \frac{3}{6} \times (2 \times 0,5 \times (-52,5) + 2 \times 1 \times (-225) + 0,5 \times (-225) + 1 \times (-52,5)) = \\ &= -\frac{333,75}{E I} = -\frac{333,75}{90\,625} \end{aligned}$	$\int \frac{M_2 \cdot M_0}{E I} dz = -\frac{697,5}{90\,625}$
$\text{Barra ED} \Rightarrow \int \frac{M_2 \cdot M_0}{E I} dz = \frac{1}{E I} \times \frac{1}{2} \times (-1) \times 225 \times 3 = -\frac{337,5}{E I} = -\frac{337,5}{90\,625}$	

$\text{Barra AB} \Rightarrow \int N_2 \cdot \alpha \cdot T_{\text{méd}} dz = \left(-\frac{1}{6}\right) \times 3 \times 10^{-5} \times \frac{20+10}{2} = -7,5 \times 10^{-5}$	
$\text{Barras BCD} \Rightarrow \int N_2 \cdot \alpha \cdot T_{\text{méd}} dz = 0$	$\int N_2 \cdot \alpha \cdot T_{\text{méd}} dz = 0$
$\text{Barra DE} \Rightarrow \int N_2 \cdot \alpha \cdot T_{\text{méd}} dz = \frac{1}{6} \times 3 \times 10^{-5} \times \frac{20+10}{2} = 7,5 \times 10^{-5}$	

$\text{Barra AB} \Rightarrow \int M_2 \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz = 0$	
$\text{Barras BCD} \Rightarrow \int M_2 \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz = \frac{1 \times 6}{2} \times 10^{-5} \times \frac{10-20}{0,50} = -60 \times 10^{-5}$	$\int M_2 \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz = -120 \times 10^{-5}$
$\text{Barra DE} \Rightarrow \int M_2 \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz = -3 \times 10^{-5} \times \frac{20-10}{0,50} = -60 \times 10^{-5}$	

$$\sum F_{\text{ext S2}} \times \Delta_R = -\frac{1}{6} \times 0,002 = -\frac{100}{3} \times 10^{-5}$$

$$\begin{aligned} \delta_{20} &= \int \frac{N_2 \cdot N_0}{E A} dz + \int \frac{M_2 \cdot M_0}{E I} dz + \int N_2 \cdot \alpha \cdot T_{\text{méd}} dz + \int M_2 \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz - \sum F_{\text{ext S2}} \times \Delta_R = \\ &= -\frac{37,5}{4,35 \times 10^6} - \frac{697,5}{90\,625} + 0 - 120 \times 10^{-5} + \frac{100}{3} \times 10^{-5} = -857,184 \times 10^{-5} \end{aligned}$$

$$\delta_{21} = \int \frac{N_2 \cdot N_1}{E A} dz + \int \frac{M_2 \cdot M_1}{E I} dz = \delta_{12} = 3,86590 \times 10^{-5}$$

$\text{Barra AB} \Rightarrow \int \frac{N_2 \cdot N_2}{E A} dz = \frac{1}{E A} \times \left(-\frac{1}{6}\right) \times 3 \times \left(-\frac{1}{6}\right) = \frac{1}{E A} \times \frac{1}{12} = \frac{1}{12} \times \frac{1}{4,35 \times 10^6}$ $\text{Barras BCD} \Rightarrow \int \frac{N_2 \cdot N_2}{E A} dz = 0$ $\text{Barra ED} \Rightarrow \int \frac{N_2 \cdot N_2}{E A} dz = \frac{1}{E A} \times \frac{1}{6} \times 3 \times \frac{1}{6} = \frac{1}{E A} \times \frac{1}{12} = \frac{1}{12} \times \frac{1}{4,35 \times 10^6}$	$\int \frac{N_2 \cdot N_2}{E A} dz = \frac{1}{6} \times \frac{1}{4,35 \times 10^6}$
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$\text{Barra AB} \Rightarrow \int \frac{M_2 \cdot M_2}{E I} dz = 0$ $\text{Barra BCD} \Rightarrow \int \frac{M_2 \cdot M_2}{E I} dz = \frac{1}{E I} \times \frac{1 \times 1 \times 6}{3} = \frac{2}{E I} = \frac{2}{90\,625}$ $\text{Barra ED} \Rightarrow \int \frac{M_2 \cdot M_2}{E I} dz = \frac{1}{E I} \times (-1) \times (-1) \times 3 = \frac{3}{E I} = \frac{3}{90\,625}$	$\int \frac{M_2 \cdot M_2}{E I} dz = \frac{5}{90\,625}$
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$$\delta_{22} = \int \frac{N_2 \cdot N_2}{E A} dz + \int \frac{M_2 \cdot M_2}{E I} dz = \frac{1}{6} \times \frac{1}{4,35 \times 10^6} + \frac{5}{90\,625} = 5,52107 \times 10^{-5}$$

$$\begin{cases} \delta_{10} + \delta_{11} \cdot X_1 + \delta_{12} \cdot X_2 = 0 \\ \delta_{20} + \delta_{21} \cdot X_1 + \delta_{22} \cdot X_2 = 0 \end{cases} \Rightarrow \begin{cases} -582,356 + 4,43295 \times X_1 + 3,86590 \times X_2 = 0 \\ -857,184 + 3,86590 \times X_1 + 5,52107 \times X_2 = 0 \end{cases}$$

$$\begin{cases} X_1 = -10,342 \\ X_2 = 162,498 \end{cases}$$

• **Reações nos apoios:** $R = R^{S0} + X_1 \times R^{S1} + X_2 \times R^{S2}$

$$V_A = -17,5 - 10,342 \times \frac{1}{6} + 162,498 \times \frac{1}{6} = 7,859 \text{ kN} \uparrow$$

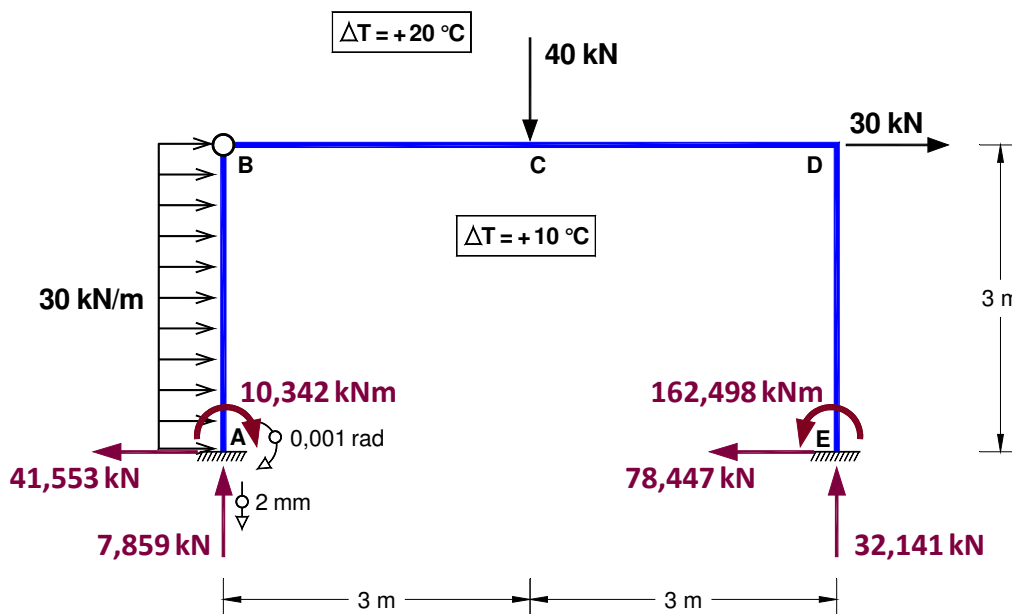
$$H_A = -45 - 10,342 \times \left(-\frac{1}{3}\right) + 162,498 \times 0 = -41,553 \text{ kN} \leftarrow$$

$$M_A = 0 - 10,342 \times 1 + 162,498 \times 0 = -10,342 \text{ kNm} \curvearrowright$$

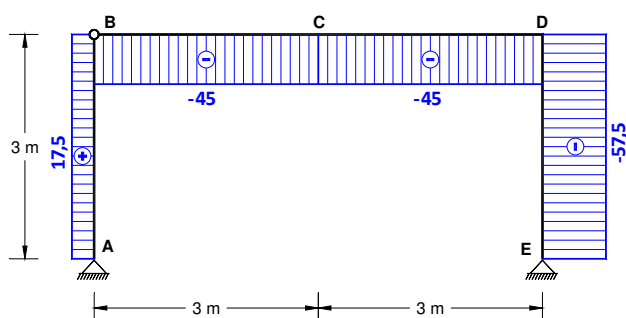
$$V_E = 57,5 - 10,342 \times \left(-\frac{1}{6}\right) + 162,498 \times \left(-\frac{1}{6}\right) = 32,141 \text{ kN} \uparrow$$

$$H_E = -75 - 10,342 \times \frac{1}{3} + 162,498 \times 0 = -78,447 \text{ kN} \leftarrow$$

$$M_E = 0 - 10,342 \times 0 + 162,498 \times 1 = 162,498 \text{ kNm} \curvearrowright$$

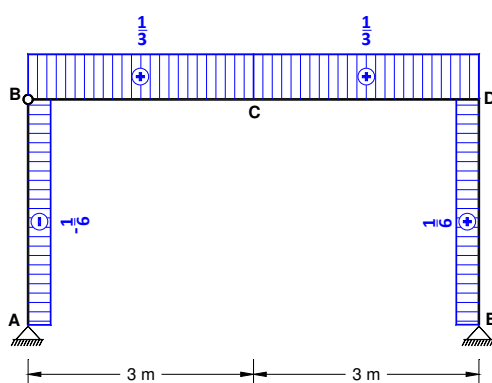


- Diagrama de esforços axiais nas barras:** $N = N^{S_0} + X_1 \times N^{S_1} + X_2 \times N^{S_2}$



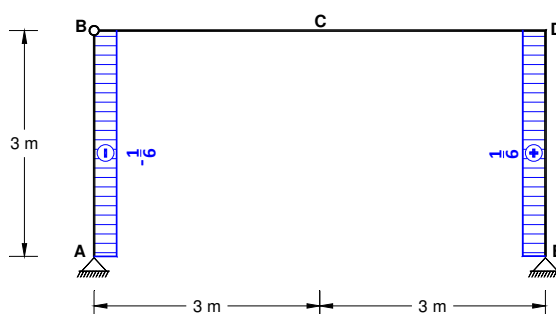
SISTEMA S_0

Esforços Axiais (kN)



SISTEMA S_1

Esforços Axiais (kN)



SISTEMA S_2

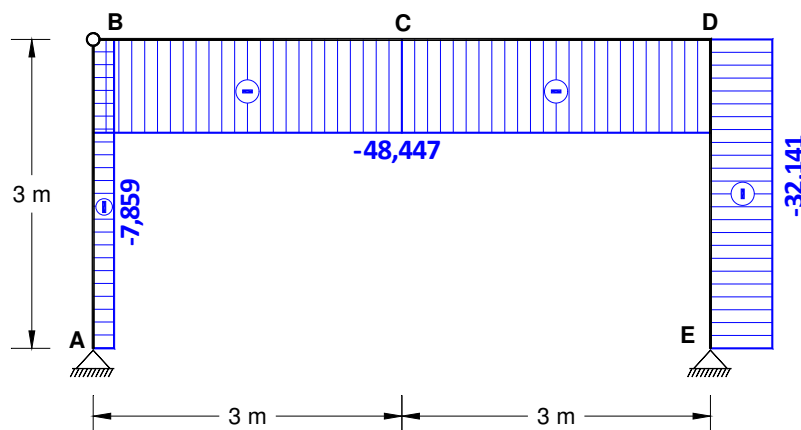
Esforços Axiais (kN)

Barra AB $\Rightarrow N = -17,5 - 10,342 \times \left(-\frac{1}{6}\right) + 162,498 \times \left(-\frac{1}{6}\right) = -7,859 \text{ kN}$

$N = N^{S0} + X_1 \cdot N^{S1} + X_2 \cdot N^{S2}$

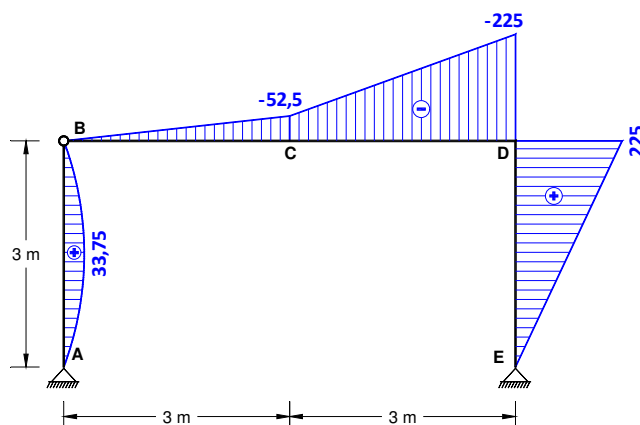
Barra BCD $\Rightarrow N = -45 - 10,342 \times \frac{1}{3} + 162,498 \times \frac{1}{6} = -48,447 \text{ kN}$

Barra ED $\Rightarrow N = -57,5 - 10,342 \times \frac{1}{6} + 162,498 \times \frac{1}{6} = -32,141 \text{ kN}$



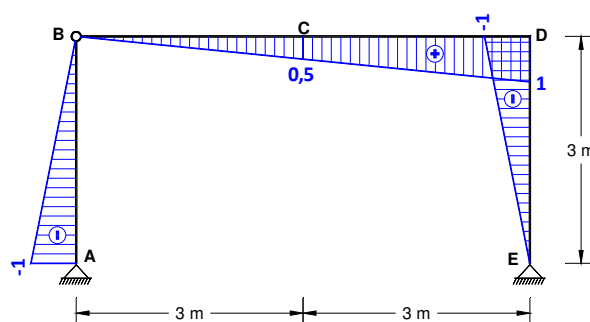
Esforços Axiais (kN)

- Diagrama de momentos fletores nas barras:** $M = M^{S0} + X_1 \times M^{S1} + X_2 \times M^{S2}$



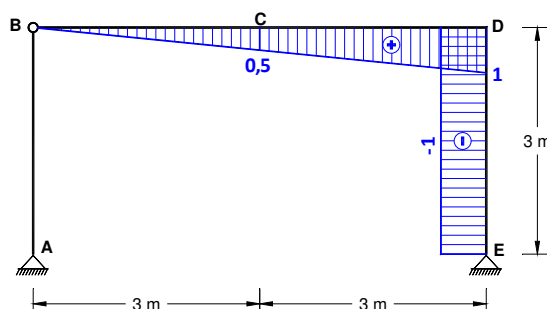
SISTEMA S_0

Momentos Fletores (kNm)



SISTEMA S_1

Momentos Fletores (kNm)



SISTEMA S_2

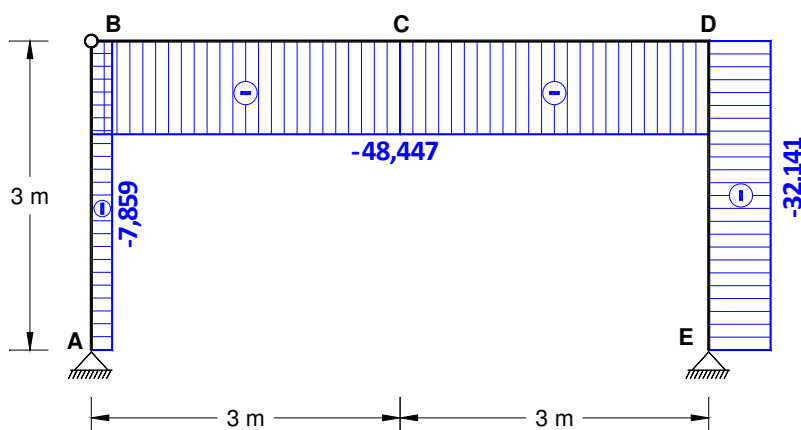
Momentos Fletores (kNm)

$$N = N^{S0} + X_1 \cdot N^{S1} + X_2 \cdot N^{S2}$$

Barra AB $\Rightarrow N = -17,5 - 10,342 \times \left(-\frac{1}{6}\right) + 162,498 \times \left(-\frac{1}{6}\right) = -7,859 \text{ kN}$

Barra BCD $\Rightarrow N = -45 - 10,342 \times \frac{1}{3} + 162,498 \times \frac{1}{6} = -48,447 \text{ kN}$

Barra ED $\Rightarrow N = -57,5 - 10,342 \times \frac{1}{6} + 162,498 \times \frac{1}{6} = -32,141 \text{ kN}$

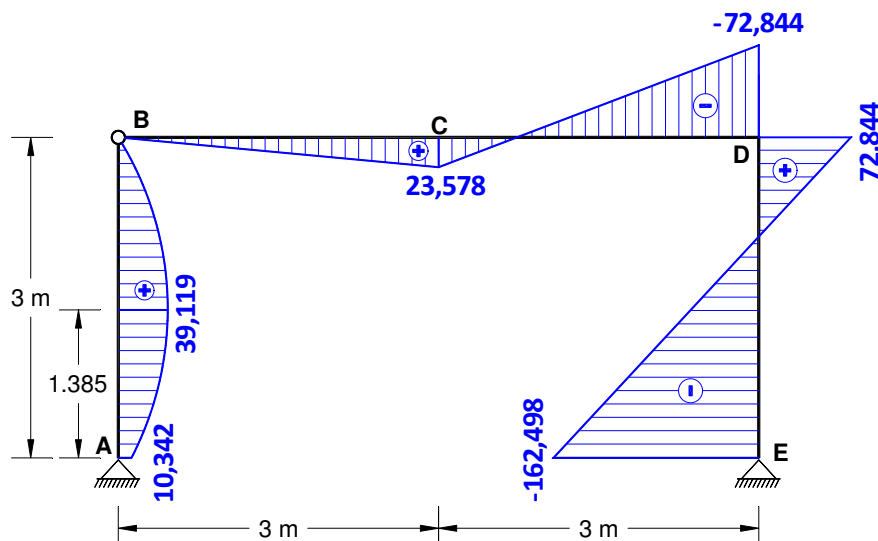


Esforços Axiais (kN)

Barra AB	Sistema S_0 $\Rightarrow M(z) = 45z - 15z^2$
	Sistema S_1 $\Rightarrow M(z) = -1 + \frac{1}{3}z$
	Sistema S_2 $\Rightarrow M(z) = 0$
	$M = M^{S0} + X_1 \times M^{S1} + X_2 \times M^{S2}$
	$M(z) = 45z - 15z^2 - 10,342 \times \left(-1 + \frac{1}{3}z\right) + 162,498 \times 0 = -15z^2 + \frac{124,658}{3}z + 10,342$ $\begin{cases} M_A(z=0) = 10,342 \text{ kNm} \\ M_B(z=3) = 0 \end{cases}$ $M_{\text{máx}} \Rightarrow V(z) = 41,553 - 30z = 0 \Rightarrow z = 1,3851 \Rightarrow M_{\text{máx}} = M_{z=1,3851} = 39,119 \text{ kNm}$

Barra BCD	$M = M^{S0} + X_1 \times M^{S1} + X_2 \times M^{S2}$
	$M_B = 0 - 10,342 \times 0 - 162,498 \times 0 = 0$
	$M_C = -52,5 - 10,342 \times 0,5 - 162,498 \times 0,5 = 23,578 \text{ kNm}$
	$M_D = -225 - 10,342 \times 1 - 162,498 \times 1 = -72,844 \text{ kNm}$

Barra ED	$M = M^{S0} + X_1 \times M^{S1} + X_2 \times M^{S2}$
	$M_E = 0 - 10,342 \times 0 - 162,498 \times (-1) = -162,498 \text{ kNm}$
	$M_D = 225 - 10,342 \times (-1) - 162,498 \times (-1) = 72,844 \text{ kNm}$



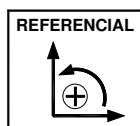
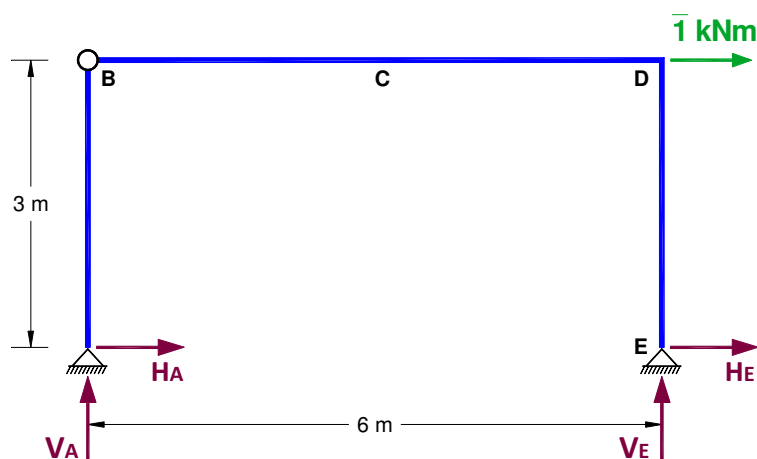
Momentos Fletores (kNm)

ALÍNEA b - Deslocamento horizontal da secção D

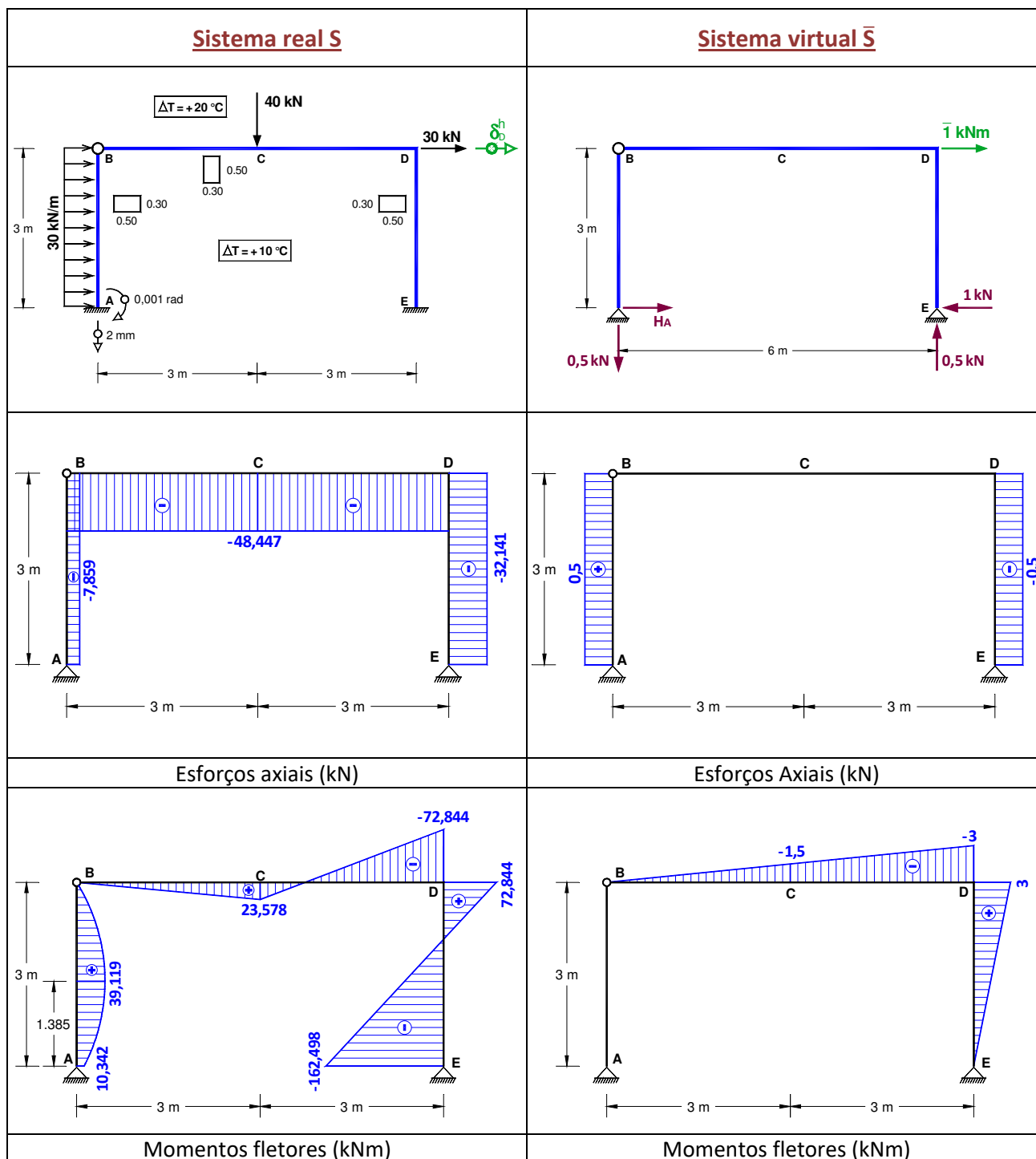
• **Sistema virtual $\bar{S}$**

Equações de equilíbrio
(arco de 3 rótulas)

$$\begin{array}{l} \text{Toda a estrutura} \\ \text{Corpo } \overline{AB} \end{array} \left\{ \begin{array}{l} \sum F_x = 0 \\ \sum F_y = 0 \\ \sum M_E = 0 \\ \sum M_{\text{rot.B}}^{AB} = 0 \end{array} \right.$$



$$\begin{array}{l} \sum F_x = 0 \\ \sum F_y = 0 \\ \sum M_E = 0 \\ \sum M_{\text{rot.B}}^{AB} = 0 \end{array} \Rightarrow \begin{array}{l} HA + HE + 1 = 0 \\ VA + VE = 0 \\ -VA \times 6 - 1 \times 3 = 0 \\ HA \times 3 = 0 \end{array} \Rightarrow \begin{array}{l} HA = 0 \\ VA = -0,5 \text{ kN} \downarrow \\ HE = -1 \text{ kN} \leftarrow \\ VE = 0,5 \text{ kN} \uparrow \end{array}$$



Vamos aplicar o TTV com **sistema real S** e o **sistema virtual $\bar{S}$** $\Rightarrow W_{\text{ext}} = W_{\text{int}}$

$$\sum F_{\text{ext}} \bar{S} \times \Delta_R = \int \frac{\bar{N} \cdot N}{E A} dz + \int \frac{\bar{M} \cdot M}{E I} dz + \int \bar{N} \cdot \alpha \cdot T_{\text{méd}} dz + \int \bar{M} \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz$$

$$\sum F_{\text{ext}} \bar{s} \times \Delta_R = \bar{1} \times \delta_D^h + 0,5 \times 0,002$$

$\text{Barra AB} \Rightarrow \int \frac{\bar{N}.N}{E A} dz = \frac{1}{E A} \times 0,5 \times (-7,859) = \frac{1}{4,35 \times 10^6} \times (-11,7885)$	$\int \frac{\bar{N}.N}{E A} dz = \frac{36,423}{4,35 \times 10^6}$
$\text{Barras BCD} \Rightarrow \int \frac{\bar{N}.N}{E A} dz = 0$	
$\text{Barra ED} \Rightarrow \int \frac{\bar{N}.N}{E A} dz = \frac{1}{E A} \times (-0,5) \times (-32,141) \times 3 = \frac{1}{4,35 \times 10^6} \times 48,2115$	

$\text{Barra AB} \Rightarrow \int \frac{\bar{M}.M}{E I} dz = 0$	$\int \frac{\bar{M}.M}{E I} dz = \frac{141,849}{90\,625}$
$\text{Barra BC} \Rightarrow \int \frac{\bar{M}.M}{E I} dz = \frac{1}{E I} \times \frac{(-1,5) \times 23,578 \times 3}{3} = -\frac{35,367}{E I} = -\frac{35,367}{90\,625}$	
$\begin{aligned} \text{Barra CD} \Rightarrow \int \frac{\bar{M}.M}{E I} dz &= \\ &= \frac{1}{E I} \times \frac{3}{6} (2 \times (-1,5) \times 23,578 + (-1,5) \times (-72,844) + (-3) \times 23,578 + 2 \times (-1,5) \times (-72,844)) = \\ &= \frac{202,431}{E I} = \frac{202,431}{90\,625} \end{aligned}$	
$\text{Barra ED} \Rightarrow \int \frac{\bar{M}.M}{E I} dz = \frac{1}{E I} \times \frac{3 \times 3}{6} (-162,498 + 2 \times 72,844) = -\frac{25,215}{E I} = -\frac{25,215}{90\,625}$	

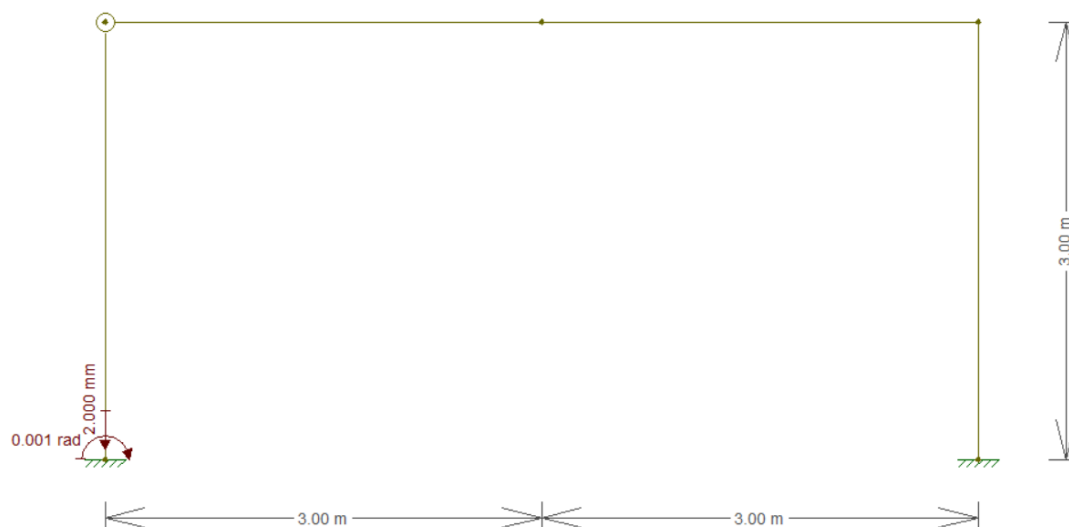
$\text{Barra AB} \Rightarrow \int \bar{N} \cdot \alpha \cdot T_{\text{méd}} dz = 0,5 \times 3 \times 10^{-5} \times \frac{20+10}{2} = 22,5 \times 10^{-5}$	$\int \bar{N} \cdot \alpha \cdot T_{\text{méd}} dz = 0$
$\text{Barras BCD} \Rightarrow \int \bar{N} \cdot \alpha \cdot T_{\text{méd}} dz = 0$	
$\text{Barra DE} \Rightarrow \int \bar{N} \cdot \alpha \cdot T_{\text{méd}} dz = (-0,5) \times 3 \times 10^{-5} \times \frac{20+10}{2} = -22,5 \times 10^{-5}$	

$\text{Barra AB} \Rightarrow \int \bar{M} \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz = 0$	$\int \bar{M} \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz = 270 \times 10^{-5}$
$\text{Barras BCD} \Rightarrow \int \bar{M} \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz = \frac{-3 \times 6}{2} \times 10^{-5} \times \frac{10-20}{0,50} = 180 \times 10^{-5}$	
$\text{Barra DE} \Rightarrow \int \bar{M} \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz = 4,5 \times 10^{-5} \times \frac{20-10}{0,50} = 90 \times 10^{-5}$	

$$\sum F_{\text{ext}} \bar{s} \times \Delta_R = \int \frac{\bar{N}.N}{E A} dz + \int \frac{\bar{M}.M}{E I} dz + \int \bar{N} \cdot \alpha \cdot T_{\text{méd}} dz + \int \bar{M} \cdot \alpha \cdot \frac{T_{\text{inf}} - T_{\text{sup}}}{h} dz$$

$$\bar{1} \times \delta_D^h + 0,5 \times 0,002 = \frac{36,423}{4,35 \times 10^6} + \frac{141,849}{90\,625} + 0 + 270 \times 10^{-5} \Rightarrow \delta_D^h = 3,274 \times 10^{-3} \text{ m} = 3,274 \text{ mm} \rightarrow$$

ALÍNEA c - FTOOL



Material Parameters

m1

E: 29000 MPa

ν : 0.20

α : 0.000010 /°C

Section Properties

s1

Rectangle

d: 500 mm

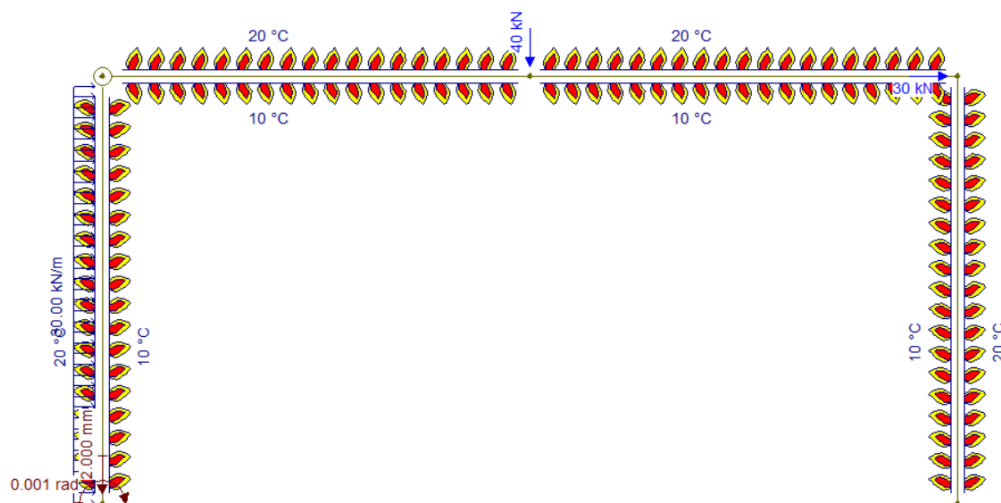
b: 300 mm

$\bar{y}$: 250 mm

A: 1.5000e+05 mm²

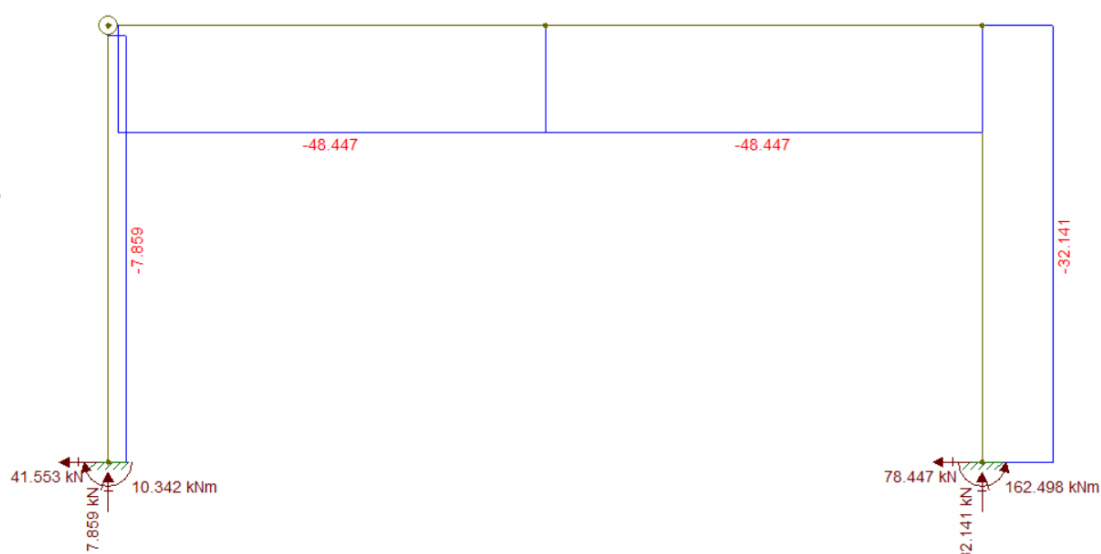
A_s: 1.2500e+05 mm²

I: 3.1250e+09 mm⁴

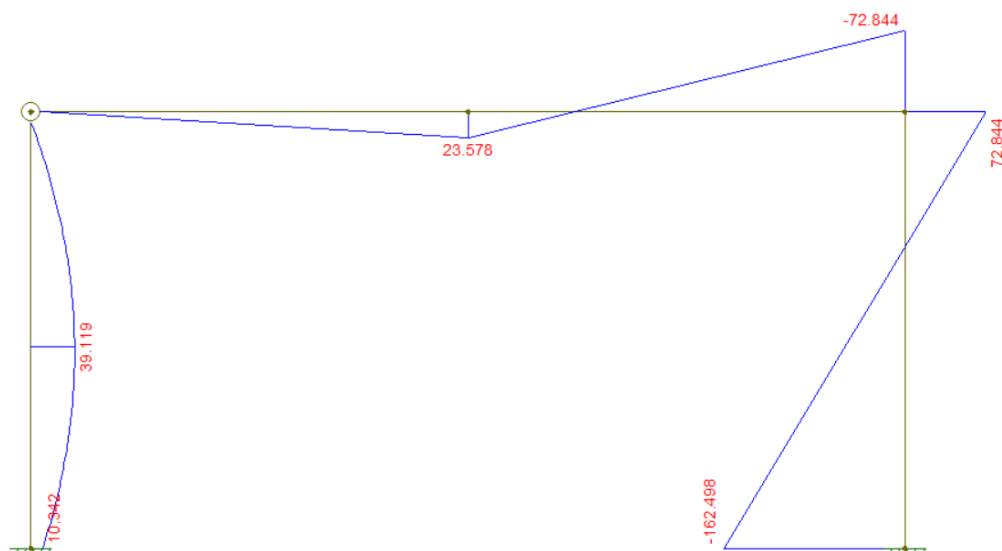


ESFORÇOS AXIAIS
(kN)

REAÇÕES



MOMENTOS FLETORES
(kNm)



DEFORMADA

